

## **CERTIFICATE**

OF PARTICIPATION

This is to certify that

## Joy Mhlongo

Has successfully participated & completed the

5km Trail Run Glen Aggy Trail Run 2023

held at Plaas Glen Aggy.

**TIME** 01:22:24

**PACE** 16:27/km

**OVERALL** 175 of 237

07 October 2023, Sat

Date

**GENDER** 84 of 125

**40 - 49** 12 of 19



Signature